



Barth syndrome

Saving lives
through
education,
advances
in treatment
and
finding
a cure



Barth Syndrome
Trust

www.barthsyndrome.org.uk

Barth syndrome . . .

...a rarely diagnosed life-threatening genetic disorder that usually affects boys.

The main symptoms are:

- Heart failure (Cardiomyopathy)
- Weak immune system (Neutropaenia)
- Muscle weakness / General fatigue
- Feeding problems / Growth delay

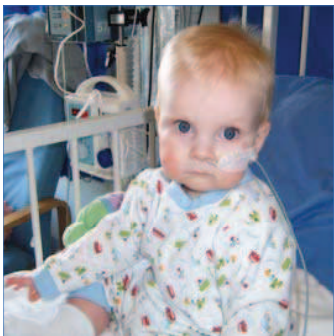
Why 'Barth'?

Barth syndrome was first comprehensively described by Dr Peter Barth, a paediatric neurologist in The Netherlands. He observed a family with an extensive history of male infant mortality and started researching effects of the disorder.

Information is vital

Before recent advances in the diagnosis of Barth syndrome, most boys did not survive.

Today, with improved diagnosis, treatment and management, the survival rate and future of these boys is much brighter.



"I had an instant feeling of support when I called the Barth Syndrome Trust"
Parent

Living with Barth syndrome

A parent's perspective

Parents of baby boys with Barth syndrome often realise something is wrong, but it can take some time before the condition is diagnosed and they are made aware of its seriousness. These can be difficult days for affected families.

After diagnosis parents have to become experts to care for their boys. They need to talk to others who understand what they are going through.



*Parents
want to make
informed
decisions
to help
their sons
lead
normal lives*

Daily vigilance

Living with Barth syndrome requires constant vigilance. Our boys often face serious emergencies such as low blood sugar, heart failure, cardiac arrests or overwhelming infections. Extra careful hygiene and avoidance of germs are needed at all times. There are regular hospital visits and tests and a daily regimen of medication.

Muscle weakness and fatigue can affect simple everyday activities, such as writing, climbing stairs, playing and attending school.

Barth syndrome can place severe emotional and physical demands on families. The information and support available outside BSF / BST are very limited.

Barth Syndrome Trust

(affiliated to Barth Syndrome Foundation)

We are part of a worldwide community helping boys and families affected by Barth syndrome and working towards a cure.

Saving the lives of affected boys

We provide up to date information for the medical community and affected families and raise awareness of Barth syndrome to assist early diagnosis.

A caring community for affected families

Our telephone and email lifelines keep our families in daily contact with each other and with Barth specialists. We host annual Family Gatherings to coincide with the NHS Barth Syndrome Clinic in Bristol.

*An end
to
isolation ...
Families meet
at the
Bristol Clinic*



Supporting research

Together with BSF, the Barth Syndrome Trust funds research into treatments, causes and a cure. We organise international conferences for doctors, scientists and families, collect patient information and facilitate the exchange of knowledge about Barth syndrome.



Thank you for making a donation

Your donation will go towards our programmes to save the lives of boys with Barth syndrome, provide a caring community for affected families and support research. We spend a minimum on administration.

GIFT AID: Please consider helping us reclaim tax you have paid:

giftaid it

If you Gift Aid your donation, BST will continue to receive an additional 28p. We can claim Gift Aid tax relief of 25p on every pound you give. HMRC will also be operating transitional provisions for Gift Aid donations made from 6 April 2008 until 5 April 2011, paying a Government supplement of 3p on every pound you give.

Please tick all that apply:

- I would like to Gift Aid this donation of £ _____
- I would like to Gift Aid all future donations until further notice
- I would like to Gift Aid all donations I've made during the Trust's current and previous six financial periods

Name _____

Address _____

Post Code _____ Date _____

You can cancel this Declaration at any time by notifying the Trust. Details will not be used for any reason other than to reclaim tax.

Names (only) of donors often appear in our newsletter.

- Please tick if you would prefer not to have your name printed.

Your invitation

We extend a warm invitation to you to join us, especially if you are a Barth syndrome family, doctor or other medical professional, a donor or a friend who wants to help.

Membership is free. Together we can:

- save the lives of boys with Barth syndrome
- provide a caring community for affected families
- work towards treatments and a cure

We look forward to welcoming you and sharing our experience of life and hope.

Please contact us to discuss anything in this leaflet at the address below or email:

info@barthsyndrome.org.uk

The Barth Syndrome Trust (UK and Europe)

1 The Vikings

Romsey

SO51 5RG

United Kingdom

Phone: +44 (0)1794 518785

info@barthsyndrome.org.uk

The Barth Syndrome Trust is affiliated to
The Barth Syndrome Foundation
www.barthsyndrome.org

Other affiliates in Canada and South Africa

The Barth Syndrome Trust is registered as a
charity in England and Wales No.1100835